Life is a continuous flow of change. From the time we are born, there is change in our lives. We grow from infants dependent on their mothers to children that need to be nurtured and trained to become Godly. Then we continue to grow into adulthood. We are all products of our environment, and what we have been taught and not taught. There are hurts and there are joys in each of our lives. How we deal with these things will ultimately determine who we are and how we move into our destinies. There isn't a person alive that has not been detoured from the perfect will of God. Many of us made mistakes in our younger days that will affect our entire lives. Everything is about choice. We make the choice to be loving, or unloving. We choose to forgive and forget or harbor resentment and bitterness.

As Christians walking with God, we should be bearing the fruit of the spirit, which is love, joy, peace, patience, kindness, gentleness, meekness, faith, temperance. We should aim to have these growing in our lives. The choice is ours. To love, or hate; to have joy, or sorrow; to have peace, or be distressed; or to be impatient or patient; to be kind, or mean; to be gentle, or harsh; to be meek, or prideful; to have faith, or fear, and be tempered, or out of control. We need to take a reality check and see just where we are performing in each of these areas and be honest with ourselves.

We can do all things through Christ who strengthens us. Is it easy? NO WAY!!! It is a challenge, but if it were easy, we would not grow into maturity in our walk with the Lord. We must thank God for the trials that come to help us grow. Don't be like a stick in the mud that does not bend in the wind and will crack into pieces when the storms come. Let us be like trees of righteousness, which bend with the wind, and praise God through the storms.

We can do it with God's help, or He would not have told us that we could. Through Christ we are more than conquerors!

